A climber's guide to the Rocky Mountains of Canada

by J. Monroe Thorington

Throughout the Rocky Mountains and the rest of Canada tipping is practiced. If you’re an international traveling visiting Canada it be confusing knowing who and how much to tip. Our post Canadian Rockies Tipping Etiquette outlines a basic guideline that you can follow. Everything you need to know about the required documentation and entry into Canada can be found here: http://www.cic.gc.ca/english/visit/tourist.asp. Medical Insurance And Travel Insurance. Travel with adequate insurance to cover the cost of medical emergencies while you are in Canada. If you do not have insurance the cost of emergency medical treatment could be overwhelming. Trip cancellation insurance can give you some peace of mind knowing you are covered if you have a necessary reason to cancel your trip.