Drawing from Christianity, Buddhism, Judaism, and Greek philosophy, Katherine Ketcham and Ernest Kurtz outline a spirituality and way of living in turbulent times.  

I am not perfect is a simple statement of profound truth, the first step toward understanding the human condition, for to deny your essential imperfection is to deny yourself and your own humanity. The spirituality of imperfection, steeped in the rich traditions of the Hebrew prophets and Greek thinkers, Buddhist sages and Christian disciples, is a message as timeless as it is timely. This insightful work draws on the wisdom stories of the ages to provide an extraordinary wellspring of hope and inspiration to anyone thirsting for spiritual growth and guidance in these troubled times.

Who are we? Why so we so often fall short of our goals for ourselves and others? By seeking to understand our limitations and accept the inevitably of failure and pain, we being to ease the hurt and move toward a greater sense of serenity and self-awareness. The Spirituality Of Imperfection brings together stories from many spiritual and philosophical paths, weaving past traditions into a spirituality and a new way of thinking and living that works today. It speaks so anyone who yearns to find meaning within suffering. Beyond theory and technique, inside this remarkable book you will find a new way of thinking, a way of living that enables a truly human existence.

Praise:
"One need not have an interest in AA to benefit from this fine introduction to spirituality." -Library Journal

"An inspiring guide, offering comfort...to those who want to stop striving for perfection and start living." -Publishers Weekly

Also by the author:

<table>
<thead>
<tr>
<th>Title</th>
<th>ISBN13</th>
<th>Author - Primary</th>
<th>Date - Publication</th>
<th>Price - U.S.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Miss O'Dell</td>
<td>9781400114917</td>
<td>Ketcham, Katherine</td>
<td>November 2009</td>
<td>$39.99</td>
</tr>
</tbody>
</table>
The spirituality of imperfection makes no claim to be 'right.' It is a spirituality more interested in questions than in answers, more a journey toward humility than a struggle for perfection. The spirituality of imperfection begins with the recognition that trying to be perfect is the most tragic human mistake. Adding to the ongoing discussion of the psychology and philosophy of spirituality, Kurtz and Ketcham observe: Spirituality begins with the acceptance that our fractured being, our imperfection, simply is: There is no one to blame for our errors — neither ourselves nor anyone nor anything else. Spirituality helps us first to see, and then to understand, and eventually to accept the imperfection that lies at the very core of our human being.