King Arthur – Freak the Mighty:
Two Texts, One Story

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INTRODUCTION

As a sixth grade reading teacher, novels are an essential part of my curriculum. I usually find myself changing the novels I teach each year just to give myself some variety. One novel that I continually keep is *Freak the Mighty* by Rodman Philbrick. This is a great story about two very different boys who become best friends. The main character, Kevin (also known as Freak), is fascinated with King Arthur, knights, and quests. It is this aspect of the novel that I would like to expand upon.

I want the students to understand what Kevin is referring to when he speaks of knights, the round table, Gwen, and quests. If the students have a deeper understanding of the subject matter then they can get a richer knowledge of why Kevin is so fascinated by this legend.

This unit will be about character studies in the two stories of King Arthur and *Freak the Mighty*. There are several aspects that I would like to introduce through this unit. First is an introduction to the Medieval Era. This time period is so rich with history, stories and life. A brief introduction is essential to the understanding of the latter part of this unit. The second aspect I would like to explore is character development. The characters in King Arthur and the characters in *Freak the Mighty* are all very well developed and provide very different images of a character. It is important to teach King Arthur as a preface to *Freak the Mighty* because many aspects of Kevin’s behavior are directly derived from King Arthur. Background knowledge in novels is so important to readers. This unit will give the students the background knowledge they need for reading *Freak the Mighty* on a deeper level.

MEDIEVAL TIMES

There are an abundance of books and resources to use for teaching this time period. It would not be feasible to go into all of them in this unit. For that reason I am focusing on one book as my main reference. The title is *The Medieval World* by Philip Steele. The reason I chose this book is because of the color illustrations and the abundance of knowledge it contains. However, I also like that the book keeps the topics very simple. My intention is not to require an intensive study on Medieval times but just to provide a basic background of the time period. From this book and its introduction, I would like the students to come away with a fundamental understanding of the following topics: timeline of the era, chivalry, heraldry, and weapons.

Start by teaching the students that the Middle Ages are considered to be from 500 AD to 1500 AD. A brief timeline is provided in the book. Early Middle Ages are considered to be from 500 AD to 800 AD. Rise of the Mounted Warrior is 800 AD to 1096 AD. Age of the Crusaders is 1096 AD to 1291 AD. Knighthood Supreme is considered 1291 AD to 1453 AD. Finally the end of the Middle Ages is considered to be from 1453 AD to 1500 AD. Of course these are rough estimates, but it at least gives the students an idea of what time period we are discussing. This information can simply be presented on poster paper and hung in the room for the duration of the unit study.
Next we’ll discuss chivalry. The book defines chivalry as, “The ideals of knighthood, by which a knight is generous toward noble enemies and honorable toward women” (Steele 90). The students will be asked to give examples of how a person could show chivalry. What actions might a person perform that would be considered chivalrous? Open discussion is all that is needed to make sure that the concept is understood.

Heraldry is defined as, “The system of signs and family badges used on shields and flags from the Middle Ages onward” (Steele 90). I have a family crest that I show my students as an example of what heraldry is. Many students have probably never seen their family shield or any family shield for that matter. I explain what each symbol means in accordance with my family. To extend this activity you can do a variety of things. One thing that is nice is to have the students go home and ask their parents about their family shield. Some families may have it and the child might be unaware of it. If their family does not have one, then the next assignment can take its place. The students themselves can make a personal crest of things that are important to them using symbols to represent objects and values. A simple crest will do. Also the book provides illustrations of many crests of various degrees. A student could also pick one that they like and explain why they chose that particular one. It doesn’t have to be related to what their actual family shield would be. It is just nice to give the students some ownership of their name and their belief system.

Weapons seem to always be an area of interest with students of middle school. Many have probably seen movies where large armies fight on foot with swords and bows and arrows. Perhaps they have even read about these types of battles. As with any topic there will be students who have background knowledge and students that don’t. This section of the unit will introduce weapons used in battle in the Middle Ages. This is important because of the reference to Excalibur in the King Arthur story. The book provides a nice overview of various weapons that were used in battle. These include swords, daggers, crossbows, lances, flails, and bows and arrows to name a few. Showing the various weapons to students gives them a sense of how personal and up close a battle can really be. It isn’t always cannons and dropping bombs from airplanes. A knight was required to get very close to his enemy in order to defeat him. This is also a good place to introduce the typical armor a knight would wear into battle to protect himself from these weapons. Just visual images and brief explanations is all that is necessary for this section.

These are the overall topics I like for the students to be introduced to. As with anything in this unit you can expand or decrease the amount of knowledge provided and time used for these topics. Again, the purpose is to give a simple introduction for the use of understanding the setting of that era. This will lead us into our study of King Arthur.

THE LEGEND OF KING ARTHUR

For this unit I would like the students to study the characters involved with King Arthur. I would like them to study the life they led and the reasons behind why they are such legends today. We can explore King Arthur through information from a variety of sources. Written texts and movies will be used. Before we read our novel, Freak the Mighty, the students will become acquainted with the characters in the King Arthur era. The goal is to give students background knowledge before we start our novel.

We will begin this unit by discussing legends as a genre of text. At some point there should be an explanation to the students of genres of text. It is important for them to understand that all text can be categorized. When introducing King Arthur the students should understand that this story is a legend. It is somewhat based on truth but is not entirely factual. This will lead into our dialogue of King Arthur as a legend, discussing the origins from which he came.
One theme that I would like to expand upon in this unit is characterization. As mentioned previously, all the characters in King Arthur and all the characters in *Freak the Mighty* are very rounded and great for studying characters as an element of literature. As a brief introduction to King Arthur I will read a picture book to the students. The goal is for the students to get a principle idea of the story of King Arthur. The title of the book is *Merlin and the Making of the King* by Margaret Hodges. Instead of my standing in front of the students and lecturing on each of the characters and what they mean to the story, I consider it would be more interesting and memorable for the students if they researched and learned about the characters on their own. Therefore, after reading the picture book I will divide the class into small groups and assign each group a character from the legend. I will also have resources of written text as well as earmarked websites for the students to begin their research on their assigned character. The idea is that each group will do an in-depth research and presentation about their character to the class. Each group will be teaching the class about the character. Beyond just standing and presenting information, I would like the students to actually teach the class. This would involve student created worksheets or activities to help the class learn about the assigned character. The latter part of this assignment might be reserved for advanced level students. For lower level students, an adjustment of assigning them a report with visuals may be the blend they need to achieve success.

It is here I pause in the unit for a brief clarification to the teachers. The students should have a place designed for note taking specifically for this unit, be it a spiral, three ring notebook or brad folder with paper. On these notes they will be required to write character descriptions of each person associated with King Arthur. These notes should come from the teachings of each student presentation.

The characters to be assigned are provided. I have also included a brief character description taken from *The Illustrated Encyclopedia of Arthurian Legends* by Ronan Coghlan:

**Arthur** – …we are told of Arthur’s conception when Uther approached Igraine who was made, by Merlin’s sorcery, to resemble her husband. The child was given to Ector to be raised in secret. After Uther’s death there was no king ruling all England. Merlin had placed a sword in a stone, saying that whoever drew it out would be king. Arthur did so and Merlin had him crowned. This led to a rebellion by eleven rulers which Arthur put down. He married Guinevere whose father gave him the Round Table as a dowry; it became the place where his knights sat, to avoid quarrels over precedence. A magnificent reign followed, Arthur’s court becoming the focus for many heroes. In the war against the Romans, Arthur defeated the Emperor Lucius and became emperor himself. (Coghlan 40)

**Guinevere** – Wife of Arthur, daughter of King Leodegrance of Cameliard in Malory…Mordred’s sister…Mordred abducted her and made himself king. In the later version of the Arthurian story she was the lover of Lancelot. Their intrigue discovered, Lancelot fled and Guinevere was duly sentenced to burning. Lancelot rescued her and war followed between him and Arthur. (Coghlan 126)

**Lancelot** - Arthur’s champion and right-hand man…After his father’s death, he was left near a lake by his mother and was taken by the Lady of the Lake, who raised him. He became Arthur’s trusted companion and a Knight of the Round Table…He fell in love with Guinevere and commenced to have an affair with her. (Coghlan 152)
Camelot – “Arthur’s capital…The city is first mentioned by Chrétien in his Lancelot.” (Coghlan 67)

Excalibur – “The sword given to Arthur by the Lady of the Lake. After Arthur’s last battle he made Bedivere return it to the water where it was grasped by a hand and drawn underwater.” (Coghlan 100)

Gawain – “…one of Arthur’s most prominent knights.” (Coghlan 110)

Holy Grail – “…a vessel sought by the Knights of the Round Table…the cup used by Jesus at the Last Supper, the dish on the table at that event, or a stone.” (Coghlan 118)

Merlin – “Arthur’s magician and counselor, in many ways the architect of his reign.” (Coghlan 176)

Mordred – “Arthur’s nephew, the son of Arthur’s sister Anna…when Arthur was away on his Roman campaign, Mordred seized Guinevere and the throne, thus paving the way for their final battle.” (Coghlan 184) This character is complex in that latter stories of King Arthur place Mordred as Arthur’s son by his half sister. This is the reason for May Day murders.

Morgan Le Fay – “Arthur’s half sister…She learned much of her magic from Merlin…She tried unsuccessfully to have Arthur killed.” (Coghlan 186)

Each group will be assigned one of the above characters. They will create a presentation to teach the class about this portion of the story. For Arthur it might be prudent to assign two groups this task and see how each presents it differently. There is so much information about Arthur that it might be unreasonable to assign just one group for this task.

In the presentation I expect the students to be prepared with visuals or handouts for the class. It needs to be as engaging as possible. Each group must create one activity for the class. This can be in the form of a worksheet or puzzle or short quiz. There must also be something visual to present. This will then be used to hang in the room for reference later during the study of the unit. The assignment here can be as complicated or as simple as desired. Modify for your students.

After all presentations we can converse about the entire story as a class. Questions and realizations will be answered and discussed. The students should now have full character descriptions written in their notes. Taking all the information that has been learned, students will now write a King Arthur story of their own. Individuals or groups can be assigned. I require that it be 2-5 written pages. All characters studied must be included in the story. This is where the students can become creative. Although they must use all the characters and keep it somewhat based on the truth, they can also embellish or add events. The assignment is an assessment of application of knowledge. Did the students really learn something about King Arthur and can they retell the story in their own words? It can be started in class and then given as a homework assignment. A couple of days should be sufficient for completion. This homework will be ongoing while the next phase of the unit begins.

In addition to reading several books and literature studying the Middle Ages and King Arthur, you can also show a movie for an added interest. The movie and/or parts of Camelot or The Sword in the Stone are great choices. The entire movie does not have to be presented if time is restrictive. Just give the students an idea of what the movies are. Including visuals such as media seems to always help concrete the lesson being taught.

At the completion of the King Arthur study, I provide other resource books for the students to read if they are interested. Some students find that after learning about King Arthur they want
more. What could make a teacher happier than a student requesting more information to read! Many book titles are provided in the bibliography of this unit. They range from lower level reads to upper level reads.

**FREAK THE MIGHTY**

Once we start our novel the students will be well acquainted and familiar with the terminology that Kevin uses and to which he refers. This novel is so great; it stands on its own. However, I feel that giving the students background knowledge of King Arthur will make the novel much richer.

The premise of this story is that a teenage boy named Kevin, also referred to as Freak, moves back into a town where he once lived as a small child. He moves right next door to a boy his age whose name is Max. The two boys are quite different in every way. Max is a very large boy for his age. He is unusually tall and quite hunky. He is in a learning disabled class because he has not done very well in school thus far. He lives with his grandparents because his father is in prison for the alleged murder of his mother. Kevin, on the other hand, is extremely small for his age. He has a physical disability where his body is growing at a much slower rate than his organs. He is very intelligent and absolutely loves to read. He reads the dictionary all the time. In addition, he loves to read about King Arthur. His style of speaking takes some phrases from the era of the Middle Ages. Kevin lives with his single mother. Max and Kevin become friends and they both complement each other very well. Their friendship becomes a strong bond that neither knew could exist.

This unit includes a full novel study. This novel is great for teaching character development, vocabulary, and elements of friendship. In starting this part of the unit, I will have students continue with their note-taking efforts to help them process ideas and synthesize concepts while reading this novel. The students will create a new section in their notes specifically for this novel. Three sections will be needed: chapter questions, characters, and vocabulary. During each chapter reading the students answer questions in their notes. This task ensures students are following the story. These questions have been provided later in this unit. Kevin uses many difficult words in his speaking. I assign the students to keep notes of every word that Kevin uses that is unfamiliar to them. Many times Kevin will use a difficult word and then explain the meaning to Max. This is helpful to the reader to decipher his vocabulary. Other times the reader may need to use context clues to determine the meaning. The point is that by the end of the novel the students will create a notebook of the new vocabulary. This will later be a study source for them to review for the test. In addition to using the notebook for vocabulary, I also assign a section for use as a character study. There are not many characters in this novel, perhaps eight total. But each character is fully developed and it’s important for students to see this development. Each character is very different, but after studying and discussing them, the students will see a common thread among many of them. This is a great venue for introduction of the terms dynamic and static characters. A brief character description follows.

**Kevin (Freak)** – A very intelligent teenager who has a physical disability. He is very small for his age because his body is growing at a slower rate than his organs. He loves to read and go on quests. He enjoys the company of Max and likes to teach him about King Arthur. He benefits from Max’s large mobile body. He is very attached to his mother with whom he lives and calls her the Fair Gwen.

**Max** – He is very large for his age. He has been labeled as learning disabled and is therefore in L.D. class. He lives with his grandparents because his mother is dead and his father is in prison for her murder. He doesn’t like to read and doesn’t have any friends until he meets Freak. Max transforms himself throughout the novel and goes from being
someone who hates school and enjoys being alone to someone who develops a tight friendship with Freak and ends up writing a book.

**Grim** – He is Max’s grandfather and is a father figure to him. He is quiet but cares for Max. He fears Max will turn out like Kenny who is Max’s father and was once married to his daughter Annie.

**Gram** – She is Max’s grandmother. She really loves Max and wants the best for him. She doesn’t really know how to raise a teenage boy but is trying her best.

**Gwen** – She is Kevin’s mother. She has a very special relationship with him and enjoys hearing him talk about the things that he is interested in. She knows that he is very sick and is trying to deal with his illness.

**Kenny** – He is Max’s father who is in prison for killing his wife, Max’s mother. He escapes prison and attempts to kidnap Max so they can be together. He tries to turn Max against Kevin and tells him that Grim and Gram have been lying to him while he was in prison. He is not a nice person and in the end admits that he killed Max’s mother.

**Iggy** – He is married to Loretta and lives in the New Tenaments. He is friends with Kenny and isn’t very nice to Loretta. He doesn’t like Kevin or Max.

**Loretta** – She makes quite a transformation in the novel. When we meet her she is living in a rundown apartment with Iggy. She seems very unstable and is dealing with the verbally abusive Iggy. During the novel she ends up saving Kevin and Max’s lives. In the end she turns out to be a decent person.

As with most novel, there are several ways to read it. I generally like for the students to have a copy of the book that I read aloud. There are lots of funny moments in the book and the students usually laugh out loud at these moments. Because timing is important and because sometimes there are difficult words, I feel that the story flows nicely by having the teacher read it aloud while the students follow along. I usually read about two chapters a day, then we discuss and the students fill in their character and vocabulary notes as well as answer chapter questions.

There are so many activities to do with this novel. I incorporate activities of cause and effect, sequencing, summarizing, fact and opinion and compare and contrast. I’ll start with the chapter questions I use for the novel. As with anything in this unit, feel free to use all or part of what is presented according to your needs.

Chapter questions are given for every two chapters. Present the questions before beginning the daily read aloud. The students answer them during and after the reading. For advanced level students, wait to give the questions until the reading is complete. This heightens their listening skills. These questions attain the three levels of thinking. These being: Level One – right there, in the text questions; Level Two- in the text but must read between the lines; and Level Three – read beyond the lines and apply to yourself.

- Chapters one and two – What characters are introduced? What is the setting?
- Chapters three and four – List three events that take place. List one unfamiliar word and give the best definition you can think of.
- Chapters five and six – Summarize these chapters in three sentences.
- Chapters seven and eight – How does Freak guide Max through the park? What does Blade and his gang throw at Freak and Max? How did Freak and Max come to be “Freak the Mighty”? What does Grim call Max for the first time and why is it significant?
- Chapters nine and ten – Why do you think Freak makes up pretend names for the places they see? What secret does Freak tell Max? What does Freak wear on his quest? Why do you think
Max agrees to go on quests with Freak? Predict what you think they will do with the treasure.

- Chapters eleven and twelve – Write one cause and its effect that happens in these chapters. Who is Kenny Kane? What happened at school? Predict what you think will happen in the next chapter and explain.
- Chapters thirteen and fourteen – What does this chapter title, “American Chop Suey,” mean? What happens in Mrs. Addison’s office? What topic are Gram and Grim discussing? Summarize these chapters in three sentences.
- Chapters fifteen and sixteen – What is the mood of chapter fifteen? How does the author create that? What is the mood of chapter sixteen and how does it differ from chapter fifteen?
- Chapters seventeen and eighteen – After reading chapter seventeen do you believe Kenny Kane is guilty or innocent? Explain. Why is chapter eighteen titled “Never Trust a Cripple”? Summarize both chapters in 30-40 words.
- Chapters nineteen and twenty – Write three questions from these chapters that could be used on a test. The questions may be matching, multiple choice, short answer or essay. You must answer the questions.
- Chapters twenty-one and twenty-two – Explain the chapter titles “Accident of Nature” and “Remembering Is Just an Invention of the Mind.”
- Chapters twenty-four and twenty-five – Complete three of the six reading process steps. (Predict, Visualize, Connect, Clarify, Question, Evaluate)

The next three activities involve utilizing the three reading skills of cause and effect, context clues, and fact and opinion. These worksheets are a compilation of different sources with my own ideas added. One source that I would like to recognize for help in development of these ideas is Jeni Fowler from Pershing Middle School. She is the one who got me turned on to this fantastic novel. Many of her ideas are incorporated into the following activities.

Cause and effect is a skill I teach with this novel. I provide the students with a simple worksheet that they complete. A statement is given being either cause or effect. The student then completes the other element. For example, if a cause statement is given the student completes the effect statement. The answers are provided in parenthesis for your benefit. The worksheet contains the following:

1. **Cause:** (Max kicked everything and everyone.) - **Effect:** The kids at day-care called Max “Kicker.”
2. **Cause:** Gwen saw Max and he looked like his father. – **Effect:** (She got frightened and ran home with Kevin.)
3. **Cause:** Kevin couldn’t see the fireworks. – **Effect:** (Max put Kevin on his shoulders.)
4. **Cause:** (Kevin began whistling to attract the police when Blade and his gang were throwing rocks at them.) - **Effect:** The police heard a noise and came to rescue Kevin and Max from the pond.
5. **Cause:** (Grim was proud of Max for protecting Kevin.) - **Effect:** Grim gave Max a cup of coffee.
6. **Cause:** (Kevin sees Blade and his gang stuff a purse in the sewer. They plan on retrieving the purse.) - **Effect:** Kevin and Max dress in dark clothing and cover themselves with dirt.
7. **Cause:** Kevin and Max find Loretta Lee’s purse. – **Effect:** (They take it to the Tenaments and plan to give it back to Loretta.)

The vocabulary is so rich in this book; it is a teacher’s dream. Kevin uses many higher order words, but usually explains the meaning to Max. Sometimes the author uses higher-level words and the explanation must come from the context clues. The questions in the worksheet I provide
ask students to use their context clue knowledge to decipher the meaning of the underlined word in the quote. They must support their answer. Some of these words may be in the vocabulary section of the student’s notebook and, therefore, will be familiar. Here are the questions that are asked.

1. “They wore this metal armor to protect them and make them invincible” (Philbrick 17).
2. “There’s no lock, but Gram has this thing about waiting until I say come in, she makes a big deal about not intruding” (Philbrick 22).
3. “Just give me a nanosecond to process the alternatives” (Philbrick 36).
4. “Now swear on your heart that the data you are about to receive will be divulged to no one” (Philbrick 51).
5. “Pledge to me your fealty... Nevermind there’s no time to look up ‘fealty’. Just promise you’ll do what I say” (Philbrick 58-59).
7. “But Freak is riding me like he’s the jockey and I’m the horse, he’s steering me around the class room, showing off” (Philbrick 78).
8. “I have an obligation... A man has to protect his family” (Philbrick 90).
9. “He shakes his head real sorrowful. ‘That’s a crime, not giving a boy presents from his father’” (Philbrick 111).
10. “Put your hands up, villain!” (Philbrick 131).

Another skill that I use with this book is fact and opinion. A simple worksheet is provided to the students at the completion of the novel with various quotes from the novel. The students simply write F or O beside the statement. It is a quick check to see that students understand the concept of fact and opinion. The statements follow:

- “…I’m still living in the basement” (Philbrick 5).
- “…she still looks like a movie star” (Philbrick 7).
- “…he throws down the crutch and he gets down on his hands and knees and crawls back to his house” (Philbrick 11).
- “I eat upstairs with Grim and Gram” (Philbrick 15).
- “It’s real easy, he doesn’t weigh much...” (Philbrick 14).
- “The mud is up over my knees...” (Philbrick 38).
- “It turned out to be a cool summer” (Philbrick 41).
- “I hate the beach because the beach is stupid…” (Philbrick 44).
- “You’re quite right, he is a rather remarkable boy” (Philbrick 54).
- “The treasure is hidden in the storm drain” (Philbrick 56).

This unit focuses on the similarities and differences of the characters of King Arthur and the characters in Freak the Mighty. The students will choose any one character from each of the stories and compare and contrast them. The classic Venn diagram,

[Diagram of Venn diagram]

would work, but for the advanced level students I require that they take it a bit farther by making the Venn diagram significant to the characters. For example, if the students were comparing and
contrasting Excalibur with Kevin’s leg braces (this example being with objects instead of humans), the background could be a design of each object or even some mesh of the two objects. The advanced level students could choose their two characters on their own or even randomly choose two characters from a hat for an even stronger challenge. The lower level students could be given two characters chosen by the teacher, of which the similarities and differences are somewhat easier to reveal.

At the completion of the novel I usually show them the movie *The Mighty*, which is adapted from this book. It is a great movie and really projects the strong friendship that Max and Kevin form. As with most movie adaptations of novels there are similarities and differences between the two. Here again I assign the students to create a Venn diagram comparing the movie and the novel. I have a set requirement for each level of class that I teach, ranging between three entries for each space to eight entries for each space.

**PROJECT AND ASSESSMENT**

At completion of *Freak the Mighty* I assess the student’s comprehension of the two stories in three ways. One is with the notebook that contains the note taking, vocabulary and processing thoughts. The second is a project that includes aspects of King Arthur and *Freak the Mighty* and the third with a formal test.

I provide a choice of several different projects and the students choose the project that they would enjoy doing. When assigning something like a project that will take some time to complete it is important to allow choices. Within these choices I try to cover a range of abilities such as writing, drawing, or acting. Each has an overall goal of creativity and individuality. The project choices I have for this unit are explained below. I always make sure to explain each project thoroughly and let the students know exactly what is expected of each project and what I am looking for when I grade it. I also try to provide a rubric at the start of the project to help the students focus on the important aspects for which I will be looking.

1. **Write and illustrate a King Arthur story.** For this project you will retell the story of King Arthur. You may tell the entire story or choose one particular aspect of the story such as his youth and the acquisition of Excalibur, the formation of the Knights, the relationship with Lancelot and Guinevere, or the end of his life and the legend that has continued. Get as much information as you can from the resources we have looked at in class. You may also do outside research of your own from the Internet or other source. You should keep the story as true to the original as possible. The book should have a minimum of one illustration for every two pages of written text. You may type it or handwrite it as long as the writing is legible. If you would like to partner with someone in the class and share the duties of writing and illustrating you may do so. Remember that the book must have a front cover, spine, and back cover. You may use a pre-made book with empty pages or create one yourself.

2. **Create a personal dictionary similar to the one Freak made.** In the back of the novel we see Freak’s Dictionary. These are words that Freak used in his everyday vocabulary and most of them have an unusual meaning in Freak’s eyes. For this project you will create a dictionary of words that are frequently used by you. For example, Freak used the word ornithopter and defined it as “a big word for mechanical bird” (Philbrick 166). You may also add other words that are simply a creation of your imagination. For example, Freak included the word unicorn and defined it as “a horse who makes a point” (Philbrick 168). You must include at least 20 words in your dictionary. Be creative in the way you make the book.

3. **In the 25 chapters of this novel, there are many events that take place.** You must decide which events are the major events. You must then create a timeline of events that took
place in this novel. At least 25 events must be included. It must be presented large enough to show the class. Be creative in the design of the timeline. A straight rectangle would not be very creative. The background should reflect the theme or represent events from the novel.

4. Create a crossword puzzle using the words from Freak’s Dictionary. It must contain at least 30 words. You may not use a computer-generated puzzle.

5. Create a pyramid shaped box like the one Freak made. It must work the same way and contain some sort of surprise inside. Freak’s box was made of cardboard and rubber bands; yours can be made of the same, or of any other material you think will work.

6. Choose a scene from either the Legend of King Arthur or Freak the Mighty and act it out. You may collaborate with a partner. You must memorize your lines and they must be true to the story. The presentation should be no longer than 5 minutes. Get into the character as best you can; costumes and props are a good idea. You must write a script and submit it to me.

The test has multiple choice, short answer and essay components. Questions from the test I created are provided below. Again, as with anything in this unit, you may use as much or as little as is appropriate for your class.

**Part A:** Match the following underlined words with the correct definition using the context clues provided.

- “I never had a brain until Freak came along and let me borrow his for a while, and that’s the truth, the whole truth. The unvanquished truth, is how Freak would say it, and for a long time it was him who did the talking” (Philbrick 1).
- “There’s this one scraggly tree behind the little freak’s house, right? Like a stick in the ground with a few wimped-out branches” (Philbrick 11).
- “Grim gives me this long sorrowful look and then he clears his throat and says, ‘You’re quite right, he is a rather remarkable boy’” (Philbrick 54).
- “‘A purse,’ I say. ‘Looks like a grotty old purse’” (Philbrick 61).
- “An actual incision is not necessary. It’s the same thing if you just spit on your hand” (Philbrick 51).
- “He really does keep a dictionary in his knapsack, it’s his favorite book…” (Philbrick 46).

The choices for the definition are from the following: backpack, absolute, worn out, cut, thin, outstanding.

**Part B:** Write a character analysis for four of the following characters: Max, Freak, Iggy, Kenny Kane, King Arthur, Guinevere, Lancelot.

**Part C:** Answer the following questions in complete sentences using correct punctuation and grammar. Why is Freak’s Christmas gift of the pyramid shaped box and handwritten dictionary so important to Max? How does the location of Max’s room “down under” relate to how he feels about himself? Why does Loretta try to save Max? What does this tell us about her character? With whom is Max angry when he realizes that Freak is dead? Why? What special abilities did Max have that made up for Freak’s disabilities? What special abilities did Freak have that made up for Max’s disabilities? Describe the relationship between Merlin and Arthur. Describe the significance of the Round Table.

**CONCLUSION**

I consider this unit to be important for students for a variety of reasons. They will be exposed to cross curriculum information by combining reading and history and introducing them to the
Middle ages. I have found that many times our pop culture refers to elements of the Legend of King Arthur. After this unit the students will have background knowledge in this subject and will be more prepared for understanding cultural references to this time period. In addition, the students will gain an understanding of what true friendship is by examining at the actions of Freak and Max. In the end, I think the students will have a great time exploring history, legend and realistic fiction.

LESSON PLANS

Lesson Plan 1: The Medieval World

Day 1

Materials Needed

Book – *The Medieval World*

Notebook for each student – spiral, brad, or three-ring

Objective

Students will be briefly introduced to the time period known as Medieval or Middle Ages.

Using the book *The Medieval World* by Philip Steele, the teacher will introduce four main topics that are associated with the Middle Ages. These topics are: timeline of the era, chivalry, heraldry, and weapons. Each topic is introduced on a fundamental level. The purpose is to give students a background into the time of which King Arthur is associated.

In summary the timeline will be displayed on the wall for the duration of the study of the unit. The students will give examples of chivalrous acts. Each student will become familiar with his or her coat-of-arms or make one that relates to his or her beliefs and personality. Finally students will be shown the various weapons used in battle.

Handouts of all of the above may be copied from the book and given to students to place in their notebook for future reference. If no copies are provided students can also take notes to be able to refer to later in the unit.

Lesson Plan 2: The Legend of King Arthur

Day 2-5

Materials Needed

Books – *Merlin and the Making of the King*, several King Arthur resources (refer to bibliography)

Student Notebook

Objective

Students will understand the text genre of legend and be introduced to the Legend of King Arthur.

The textbook defines legend as, “a story handed down from the past about a specific person – usually someone of heroic accomplishments. Legends usually have some basis in historical fact” (McDougal R13). The dictionary defines legend as, “a widely-accepted but unverified story” (Morehead 306).

After discussing legend the teacher will read *Merlin and the Making of the King* by Margaret Hodges. It can be read in about 10 or 15 minutes. It is perfect for providing the students a brief introduction to the story.

After the picture book is read students are assigned a section of the story for further research. The characters mentioned previously would be the main topics I will assign. The students will
work in small groups to research their topic. I will provide several book sources for them as well as recommend Internet websites. Each group will have two class periods plus any time they choose outside of school to create a presentation on their topic. The objective is to teach their classmates about one aspect of King Arthur. They should provide visuals and documentation of their findings. They may also provide handouts or worksheets for the class to complete. Any aspect of teaching they can provide will be welcomed and encouraged.

As each group is presenting, the class should be creating character analysis descriptions in their notebook. By the end of the study, each student should have a brief character description of the main characters studied in the unit. This will be used later as a comparative text for the novel and for study notes for the exam. After all presentations have been made, the information will be displayed in class for future reference.

The students will now be given a writing assignment. They are to write a story of King Arthur. The references they will use come from the books I provide, the visuals hanging in the room created by the students, and the character descriptions in their notebook. Partners or individuals are given the assignment to creatively write a King Arthur story aligning with the facts as much as possible but still maintaining creativity.

Viewing *Camelot* or *The Sword in the Stone* at this point in the unit is advised. As mentioned, the entire movie does not necessarily need to be shown; you may choose parts, if time is restrictive.

**Lesson Plan 3: The Novel – *Freak the Mighty***

**Day 6-18**

**Materials Needed**

- Book – *Freak the Mighty* (use a class set if available)
- Student Notebook
- Chapter questions (provided above in unit)
- Worksheets – Fact/Opinion, Context Clues, Cause/Effect (provided)

**Objective**

Students will complete a novel study of *Freak the Mighty*.

If you have a class set of books it is good for the students to follow along as you read aloud. It will also help for the project later if each student can look at their own book. If not, then a read-aloud will do. In order to complete the novel in 10 days, 2-3 chapters must be read per day.

Throughout the reading provide questions for the students to answer. Just simple comprehension questions to ensure they are paying attention. These questions have been included previous in this unit. You may take the ones that are of interest to you.

In addition to answering daily chapter questions in their notes, the students will also be adding to their character analysis pages. The main characters have been provided earlier in this unit along with a brief description. As each character is introduced and developed, students should add to their character analysis paragraphs. By the end they should have something similar to what was provided earlier in this unit. As they are developing these analyses ask them to find similarities with characters from the King Arthur study.

Along with the chapter questions and the character analysis, the students will also be creating a new word dictionary. This is a list of words and definitions that the student has discovered while reading the book. As mentioned, the language and vocabulary used in this novel is very rich and many times words are used that an average sixth grade student would not already know.
Therefore, I assign the students to create a New Word Dictionary. This will consist of words that are used in the novel that the student has not heard before or words they have heard of, but to which they don’t know the definition. I explain that each student’s list will be different because we all have different degrees of prior knowledge. The students must first use their context clues to determine the meaning of the unfamiliar word. After they have used this option, then they may refer to a dictionary. At the end of the novel study they should have a decent length list of unfamiliar words and their definitions.

At the conclusion of the novel, the students should have notes on King Arthur characters, Freak the Mighty characters, chapter questions and answers as well as a New Word Dictionary. The students are now assigned to create a Venn diagram comparing one character from the Legend of King Arthur to one character in *Freak the Mighty*.

It is at this point in the unit that I begin to give the handouts provided earlier in this unit. We talk about fact and opinion, cause and effect, and context clues. The worksheets are either assigned to partners or individuals, depending on the skill level of the class. The book may be used as a reference. The notes taken by the students and these worksheets will provide the students a study guide for the upcoming exam.

**Lesson Plan 4: The Project and Assessment**

**Day 19-22**

**Material Needed**

- Project Handouts (provided)
- Exams (provided)

**Objective**

Students will demonstrate and apply the knowledge they have gained from this unit.

It is now time to assign the project. The projects have been explained previous in this unit. Again, adapt them to the needs of your class. I provided two class periods to work on the project. If extra time is needed, it must be done at home, but I really try to have the entire project done in my class so I can see the students working and creating. On the third day all projects are presented. Each student shows their project to the class and explains how they created it. Just a brief few minutes’ presentation is all that is required.

On the last day of the unit I give the exam. By this time the students are very familiar with every aspect of King Arthur and *Freak the Mighty*. On the day I present the project assignments and explain the instructions, I also inform them of the exam to come. They are to be preparing by reading the notes they have taken in the notebook and studying the worksheets that have now been graded and returned to them. It is with all these resources that the students prepare for the exam. The exam questions have been provided. It consists of matching, short answer, and essay.

The class period following the exam, the movie *The Mighty* is shown. The students create a Venn diagram comparing and contrasting the novel with the movie. This is the conclusion to the unit.
Annotated Bibliography

Works Cited

This is a wonderful reference for seeing each of the many people and places of King Arthur at a glance. It is an alphabetical list of persons with detailed descriptions of their family heritage as well as their place in the legend.

This teacher’s edition textbook is great for scholars in defining literary terms as well as short stories for use as examples.

A great dictionary that I have had for many, many years. Of course there are more updated dictionaries and of course everybody has one, but this just happens to be the one I have. Used for defining literary terms.

A fiction novel about the friendship formed between two unlikely boys. They overcome many obstacles but truly find their need for one another when they must begin to deal with Kevin’s illness.

This colorfully illustrated book gives the students a nice introduction to the Middle Ages. Many of the terms associated with this time period are defined and explained. It is great for a brief overview of the era.

Supplemental

This anthology contains fourteen stories that have made the King Arthur tales famous. Barber gives a brief introduction before each story is told in its original verse.

The tales of King Arthur retold in Barber’s words.

A musical tell the story of the love triangle with Arthur, Lancelot and Guinevere.

A wonderfully illustrated book about the Legend of King Arthur. It is quite extensive in its broad subject matter, but each subject is brief in its description. It is very appealing for children.

A classic tale of King Arthur retold. Great for middle to upper level readers.

This is a compilation of thirteen short stories involving murder with the setting being the Middle Ages. It is great fun to read as an afterthought to this unit.

This epic is a great supplemental reading for higher-level readers. The introduction is necessary to comprehend the text. The story is told of the battle of Roncesvals in 778. The character of Roland is the chivalric hero of the age.

This illustrated story is a great introduction to the Legend of King Arthur. It is used in this unit as a read aloud by the teacher. It gives the story of King Arthur in an overview that is easy to understand and perfect for the teacher to read.

A great illustrated tale of King Arthur. Along with the story there are small pictures on the sides of each page with additional information and explanation about various parts of the story.

This is a great collegial text for various ways to use Arthurian legends in the classroom.

A great readable version of the classic novel. Its purpose in this unit is to give lower level readers a sense of accomplishment in reading a King Arthur novel. For older students the original version would be best.

This movie is a great ending to the novel study. It is closely tied to the book and makes for wonderful discussion of differences between novel and movie versions of stories.

This is a great book for students to read. It contains an introduction that explains all the sources from which King Arthur was derived. It then goes into a great story of King Arthur and all the characters and tales associated with this legend.

This is a good King Arthur story for lower level readers. The language is easy to understand and it is also illustrated.

A novel about Mordred and the realization that his father tried to kill him as a baby. This is another tale of many that come from the Camelot stories. This is told through the perspective of Mordred. A good novel to suggest to students who are interested in reading more tales relating to King Arthur.

Steinbeck retells the stories of King Arthur in this eight act book. He has modernized the stories in a way only Steinbeck can do. This is generally for upper level readers but excerpts could work as a read aloud for lower level.

A cartoon roughly telling the story of King Arthur and the acquisition of Excalibur.

This compilation is great for upper level readers. It contains nineteen stories classically related to the Medieval Era. Each story has an introduction that explains the origins of it and demystifies the dialect.
We can explore King Arthur through information from a variety of sources. Written texts and movies will be used. Before we read our novel, Freak the Mighty, the students will become acquainted with the characters in the King Arthur era. The goal is to give students background knowledge before we start our novel. We will begin this unit by discussing legends as a genre of text. At some point there should be an explanation to the students of genres of text. It is important for them to understand that all text can be categorized. When introducing King Arthur the students should understand that th