Infertility: A Sympathetic Approach

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Infertility in men is a common disorder. However, attempts at scientific study of male infertility are of very recent origin. Many... In the era of ICSI, it may seem superfluous that we are discussing about the clinical management of an infertile male; on the contrary though, the clinical management of an infertile male is very essential today more so than ever before. Application of the right technique for the right indication is essential for the proper surgical management of male infertility. Medical management of male infertility is frequently ill/overused, necessitating a better basic understanding of male reproduction. This chapter intends to provide the reader with a thorough update on the clinical strategies involved. Since infertility affects one in six couples in the UK, the chances are that others have gone through the same thing, but in silence. There are two kinds of silence in Gareth Farr’s new play. There is the silence that surrounds the couple at its centre, springing from fear of what others might think. I’m a Jaffa and I don’t want people knowing that, declares Dylan. If I have reservations about the play, I strongly endorse its message: infertility is not something people have to be quiet about. The play is associated with a one-day Fertility Fest (Saturday 11 June, Park theatre, London). Artists, writers and medical experts will discuss topics such as facing the diagnosis of infertility, IVF, donation, surrogacy, the male experience, egg-freezing and alternative routes to parenthood.
The sympathetic nervous system (SNS) is one of the two main divisions of the autonomic nervous system, the other being the parasympathetic nervous system. (The enteric nervous system (ENS) is now usually referred to as separate from the autonomic nervous system since it has its own independent reflex activity.) The autonomic nervous system functions to regulate the body's unconscious actions. The sympathetic nervous system's primary process is to stimulate the body's fight-flight-or-freeze response.
The readings for Mass today speak about two infertile couples, Samson's parents and John the Baptist's parents. In the middle of what is a difficult season for many couples struggling with infertility, we hear a message of hope! God reigns, and nothing is impossible with God. So grateful to see this information from the Diocese of Arlington shared through the United States Conference of Catholic Bishops.

Establishing a sympathetic and accepting relationship with infertile women will allow them to discuss their religious perspectives, which consequently may enhance their usage of counselling services.

Keywords: Infertility, Counselling, Religion, Spirituality, Experience.


Hence, infertility counsellors, in providing a suitable approach, should consider religion as a potential asset as well as a potential liability for infertile couples. They must be aware of the impact of faith and religion on the infertile couple and how religion is, for them, either a benefit or a burden. However, infertility can be a multifactorial condition requiring multidisciplinary involvement.

1.2 Publication history The EAU Male Infertility Guidelines were first published in 2001, followed by full-text updates in 2004, 2007, 2010, 2013 and 2014. The cumulative pregnancy rate is 27% in infertile couples with 2 years of follow-up and oligozoospermia as the primary cause of infertility [7]. Female age is the most important single variable influencing outcome in assisted reproduction [8]. Compared to a woman aged 25 years, the fertility potential of a woman aged 35 years is reduced to 50%, to 25% at.
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